

Your odds of getting shingles



Know the odds

SHINGRIX is not for the treatment of shingles or its complications.

SHINGRIX helps protect adults against shingles. SHINGRIX can be given to:

- adults 50 years and older;
- adults 18 years and older who are or will be at increased risk of shingles due to immunodeficiency or immunosuppression caused by known disease or therapy.

**HELP PROTECT YOURSELF FROM SHINGLES.
ASK YOUR HEALTHCARE PROFESSIONAL ABOUT**



SHINGRIX

Herpes zoster vaccine (non-live recombinant, AS01_B adjuvanted)

As with any vaccine, 100% protection cannot be guaranteed.



About shingles

What causes shingles?

Shingles, also called herpes zoster, is caused by the same virus that causes chickenpox. After you have had chickenpox, the virus stays in your body. Sometimes the virus can become active again and cause shingles. If you are among the 9 out of 10 Canadians who have had chickenpox, you are at risk of getting shingles.

What are some symptoms of shingles?

Shingles causes a painful and blistering rash that can last for several weeks.

- The pain from shingles can be severe and disabling. It may interfere with doing your normal daily activities, such as walking, sleeping, and social activities.

Shingles can cause other symptoms, such as:

- Burning, numbness, or tingling
- Sensitivity to touch
- Fever
- Headache

Can shingles cause other health issues?

Shingles may cause long-lasting nerve pain called postherpetic neuralgia, or PHN, which can last for months or even years.*

Other health issues that shingles could cause are:

- Scarring
- Vision problems
- Loss of hearing
- Emotional distress due to pain
- Bacterial skin infection
- Weakness
- Facial or muscle paralysis
- Death

* SHINGRIX is not for the treatment of shingles or postherpetic neuralgia.

What does the shingles rash look like?



Rash covers a specific patch of skin that can be anywhere on your body



Rash is blistering and painful

Your odds of getting shingles are

1 in 3*

*For adults who have had chickenpox.

This presentation provides information on the condition and may not reflect benefits of the product.



Are you at risk of getting shingles?

If you've had chickenpox, then you can get shingles

Chickenpox is a common childhood disease. You may have had it and not remember!

Your odds of getting shingles may be higher if you have certain risk factors, such as:

50⁺

Older age (50 years and older)

As you age, your immune system ages too, which may make it harder to fight infections.



Certain health conditions

- Lung disease, such as asthma or chronic obstructive pulmonary disease (COPD)
- Kidney disease
- Diabetes
- HIV/AIDS
- Cancer



Other risk factors

The risk of getting shingles may vary in people with underlying disease or undergoing certain treatments (i.e., immunosuppressive therapies).

> If you are among the 9 out of 10 Canadians who have had chickenpox, then you are at risk of getting shingles.




THIS IS SHINGLES.

“The pain burns and throbs.”

“It’s a stabbing, shooting pain.”

SHINGRIX is not for the treatment of shingles
or postherpetic neuralgia.



SHINGRIX can help prevent shingles

How does it work?

SHINGRIX is a vaccine that helps protect adults against shingles.

SHINGRIX was shown to be more than 90% effective at preventing shingles for people 50 years of age and older. It also showed an immune response in people 18 years of age and older who had a weakened immune system.

If you have had chickenpox, your odds of getting shingles are **1 in 3**. If you have risk factors, such as older age or certain health conditions and medications, your odds may also increase.

SHINGRIX **does not** cause shingles. SHINGRIX is a non-live, recombinant vaccine, which means it cannot cause the disease it was designed to prevent.

As with all vaccines, SHINGRIX may not fully protect all people who are vaccinated.

 **Help protect yourself with SHINGRIX.**

SHINGRIX vaccine

You will get two doses of SHINGRIX, 2 to 6 months apart

Based on your medical condition or planned treatments, your doctor may recommend that you receive the second dose 1 month after the first dose.

When you get your first dose, ask your healthcare professional to schedule your next dose.



6 months

.....



**To maximize the protection
offered by SHINGRIX, make
sure you get both doses.**



FAQ


What is SHINGRIX?

SHINGRIX is a non-live vaccine that helps protect adults against shingles. There are no live parts of the virus in the SHINGRIX vaccine.


Is SHINGRIX covered by provincial health plans?

Each provincial government decides which vaccines are available at no charge for eligible individuals. Contact Public Health to find out more.

What is the cost of SHINGRIX?



The cost of SHINGRIX varies by pharmacy or clinic. Check with your pharmacy or clinic for pricing. SHINGRIX is covered by most private insurance plans. You can contact your private insurer for more information on your coverage and provide them with the SHINGRIX drug identification number (DIN) 02468425.



Will SHINGRIX protect against chickenpox?

No, SHINGRIX is only used to help prevent shingles in adults 50 years of age and older and in adults 18 years and older who are or will be at higher risk of shingles due to a weakened immune system caused by known disease or therapy.

Can SHINGRIX be given at the same time as other vaccines?

SHINGRIX can be given at the same time as the unadjuvanted seasonal flu vaccine, the 23-valent pneumococcal vaccine, and the combined DTaP vaccine.* The vaccines should be given at different injection sites on your body. If SHINGRIX is given at the same time as the 23-valent pneumococcal polysaccharide vaccine, you may be more likely to experience fever and/or shivering.

* DTaP vaccine called diphtheria-tetanus, acellular pertussis vaccine.



Tools for you

Scan this QR code or visit
SHINGRIX.ca for more
resources, including:



Information on shingles and SHINGRIX



Dose reminder options



Get an email



Automatically add
it to your calendar



SHINGRIX on TV



Remember, you will need 2 doses of SHINGRIX to maximize your protection against shingles.

Mark your SHINGRIX vaccine dates on your calendar with these stickers.



Find us on Facebook for updates and information on shingles and SHINGRIX.

facebook.com/SHINGRIXCA



**Get more information, tools,
and resources at SHINGRIX.ca.**

SHINGRIX side effects

As with all medicines, SHINGRIX can cause side effects, although not everyone gets them. Most of these side effects are considered mild to moderate and do not last longer than 3 days.

Very common side effects
(may occur in more than 1 in 10 doses of the vaccine):

Injection site reactions

- Pain
- Redness
- Swelling

General reactions

- Headache
- Stomach and digestive complaints (including nausea, vomiting, diarrhea and/or stomach pain)
- Muscle pain
- Tiredness
- Chills, fever

Common side effects
(may occur in up to 1 in 10 doses of the vaccine):

- Injection site itching
- Generally feeling unwell

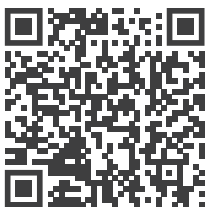
Uncommon side effects
(may occur in up to 1 in 100 doses of the vaccine):

- Joint pain (arthralgia)

These are not all the possible side effects you may feel when taking SHINGRIX. Contact your doctor if any of these side effects get serious or if you experience any side effects that have not been mentioned.

**Ask your healthcare professional
about SHINGRIX.**

Help protect yourself from shingles with SHINGRIX



**Scan here to find
a vaccine clinic
near you**

SHINGRIX is a vaccine that helps to protect adults against shingles (herpes zoster). SHINGRIX can be given to adults 50 years of age and older, and adults 18 years and older who are or will be at increased risk of shingles due to immunodeficiency or immunosuppression caused by known disease or therapy. 100% protection cannot be guaranteed. SHINGRIX is not for the prevention of chickenpox or for the treatment of shingles or its complications. SHINGRIX should not be used if you are allergic to any ingredient in the vaccine. Adverse events may occur. Very common adverse events (>10% of doses) reported in clinical trials were pain, redness, and swelling at the injection site, headache, stomach and digestive complaints, muscle pain, tiredness, chills, and fever. Most side effects were mild or moderate, lasting less than 3 days. Ask your healthcare professional if SHINGRIX is right for you. Full product information can be found at <http://gsk.ca/SHINGRIX/en>. To report an adverse event, please call 1-800-387-7374.

Your private insurance may cover the cost of SHINGRIX. To find out, contact your insurance provider and share the SHINGRIX drug identification number (DIN): 02468425.

Trademarks are owned by or licensed to the GSK group of companies.
©2025 GSK group of companies or its licensor.

104608
03/25



SHINGRIX

Herpes zoster vaccine (non-live
recombinant, AS01_g adjuvanted)



GSK